

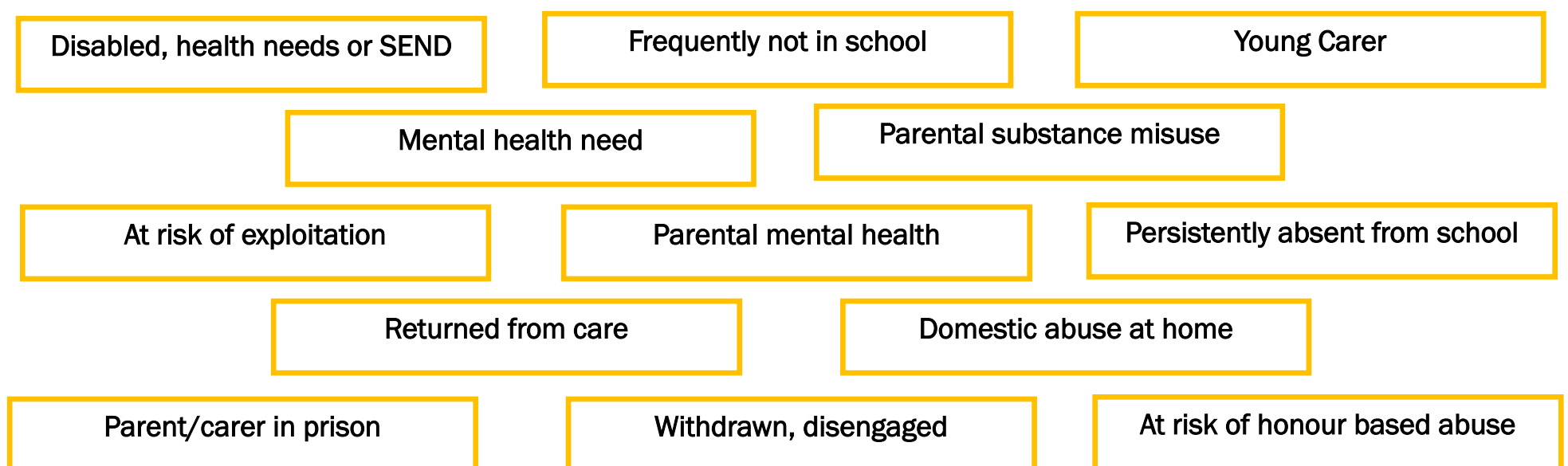
# Early Help at BMA

## What is *Early Help*?

Early Help means providing support *as soon as* a problem emerges.

## How can I identify a scholar who may benefit from Early Help?

Any child may benefit from Early Help, but you should be particularly alert to the potential need for Early Help for a child who is...



## What external Early Help support is available for scholars?

Family support, targeted youth workers crime prevention workers, domestic abuse charities, mediation, substance abuse support, parent and community development, education welfare, information advice & guidance services.

## What Early Help support is available at Brook Mead Academy?

- ♦ Safeguarding themes inbuilt into our carefully sequenced curriculum: PSHE, Computer Science (online safety), English (Oliver Twist and exploitation).
- ♦ Staying safe based assemblies/agency led workshops & groups
- ♦ Parenting support: Dedicated Afternoon Teas etc.
- ♦ 1:1 mentoring
- ♦ Senior Mental Health Lead: DA-T
- ♦ The “Resilience Toolkit” - mental health group work.
- ♦ Behaviour and learning support
- ♦ Counselling provision: Relate counselling, every Tuesday.
- ♦ Peer to peer support, scholar parliament and Anti-Bullying Ambassadors.
- ♦ Information in key areas around the school
- ♦ Dedicated routes for disclosure: [safe@brook-tmet.uk](mailto:safe@brook-tmet.uk) and the “Talk to us” post-box.

If you think a scholar would benefit from Early Help, please refer to the Safeguarding team by emailing:

[safeguarding@brook-tmet.uk](mailto:safeguarding@brook-tmet.uk)